

## **Mile Markers of Growth**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>Character</b>	
focusing on my entitlement	starting to see the frustration of entitlement	beginning to realize that it's not "all about me"	noticing a grateful spirit in others' lives	starting to show gratefulness occasionally	noticing the change that gratefulness is making in me	purposing to creatively show gratefulness at all times	<b>Radical Appreciation</b>	
living in selfish apathy and indifference	understanding the selfishness of apathy & indifference	purposing to make the necessary heart changes	beginning to be attentive to those I like	broadening my attentiveness to more in my sphere of	amazed at what I can learn from being attentive	being very intentional at being attentive	<b>Radical Concern</b>	
living in the realm of full insensitivity	beginning to realize how my insensitivity hurts others	deciding a change is needed	attempting to look for thoughtful opportunities	starting to respond with thoughtfulness	starting to see the vast benefits of being thoughtful	living with a full awareness of thoughtfulness	<b>Radical Consideration</b>	
feeling trapped in bitterness and blame	recognizing the energy drain of bitterness and blame	deciding that I desperately need to forgive	understanding those I need to forgive	asking God for His wisdom and help to forgive	setting up check points to maintain a forgiving heart	making forgiveness my first and only option	<b>Radical Freedom</b>	
reacting mostly with harshness	realizing that my harshness deeply hurts others	purposing to move from harshness to love & gentleness	starting to show gentleness to some	seeing how my gentleness changes my relationships	love what God is teaching me about showing	demonstrating a consistent, soft gentleness	<b>Radical Gentleness</b>	
having a deathly fear of people knowing the real me	realizing my hiddenness is prideful & needs to change	becoming more authentic with some people	expanding my attempts at being authentic	learning ways to initiate authenticity in conversations	trusting God more with my authenticity	being genuinely authentic with everyone at any time	<b>Radical Honesty</b>	
Living a lifestyle of condescension way toward others	beginning to realize how I frustrate others with condescension	realizing that condescension weakens relationships	starting to see a spirit of honor in others	starting to show more respect to more people	discovering the difference in showing honor	purposing to give respect and honor to everyone	<b>Radical Honor</b>	
living as an energy taker	recognizing the frustration of being an energy-taker	my energy draining is causing weak relationships	beginning to see a spirit of joy in others	starting to show Radical Joy to others	seeing the difference in relationships when I'm joyful	purposing to show joy with others consistently	<b>Radical Joy</b>	
acting very judgemental with everyone	seeing the rudeness of my judgemental attitude	recognizing people need acceptance, not judgement	beginning to practice acceptance with some people	becoming bolder & broader in my acceptance	finding that God opens amazing doors through acceptance	administering acceptance to everyone	<b>Radical Mercy</b>	
seeing myself as a rigid control freak & I am OK with it	recognizing the weariness of being a rigid control freak	understanding the reasons for being a rigid control freak	catching glimpses of my desperate need for patience	starting to see the value of patience in my relationships	enjoying a more patient lifestyle	most of my days are filled with great patience	<b>Radical Patience</b>	