

GUIDELINES FOR PERSONAL RETREAT DAYS

Our Personal Retreat times may include some or many of the following areas and it may greatly vary from one time to the next. This is not a time to tell God what He needs to do but simply a time to earnestly seek His face and listen.

1. **PERSONAL WORSHIP:** Everything with God begins and ends with worship of him. Our worship of Him opens the door of intimacy.
2. **READ GOD'S WORD:** The exposure of our hearts to His truth will make a difference.
3. **MEMORIZE GOD'S WORD:** Memorizing His truth will always impact our hearts in multiple ways.
4. **MEDITATE ON GOD'S WORD:** Meditating on His truth will provide deep insights that superficial exposure will not reveal.
5. **PRAY GOD'S WORD:** Praying God's truth back to Him will always be in the center of His will and near to His heart.
6. **ALLOW GOD TO LEAD US TO SPECIFIC PLACES IN HIS WORD:** Often He desires to have us focus on particular places in His truth. Allow the Holy Spirit to direct us to passages, ideas, or concepts.
7. **LISTEN:** Often God is just waiting for us to simply become quiet in His presence so He can communicate clearly to us. Here are some examples of questions that we may ask Him:
 - A. Is there anything in my life God that requires confession and repentance?
 - B. Do you want me to intercede for someone in particular?
 - C. Is there someone that I need to specifically encourage?
 - D. Is there someone that I need to be asking for forgiveness or is there someone that I need to forgive?
 - E. God is there something in my life to which I should be saying "no"?
 - F. God is there something that you want to communicate to me?